

The benefits of knowing your HIV status

WORLD AIDS DAY

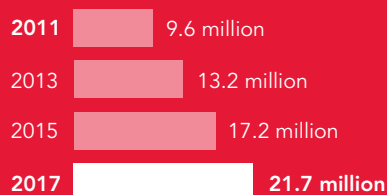
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COMMEMORATING 30 YEARS

Testing saves lives

People can only start HIV treatment if they know that they are living with the virus—about 9.4 million people do not know that they are living with HIV.

People living with HIV on treatment



Knowing earlier, starting earlier

The earlier that someone is diagnosed as living with HIV, the earlier life-saving treatment can start. And the earlier that HIV treatment is started after infection, the better the outcome. People can live long and healthy lives with early detection of HIV and proper treatment and care.



Staying HIV-free

An HIV test result opens the door to accessing the range of HIV prevention options available depending on a person's HIV status to keep themselves and their loved ones HIV-negative.



Looking after loved ones

Testing is the gateway to treatment and effective treatment is a great HIV prevention tool—it saves lives and prevents HIV transmission. HIV treatment reduces the viral load—the amount of HIV in a person's body—to undetectable levels. With an undetectable level of HIV, a person can't pass on the virus to someone else.



Stopping transmission to babies

A pregnant or breastfeeding woman living with HIV can access a range of options that can ensure that she remains healthy and her baby is born HIV-free and stays HIV-free, but only if she knows her HIV status.

I GOT TESTED

Claiming the right to health

By deciding to know their HIV status, people are empowered to make choices about their right to health.



Staying alive and well

Taking an HIV test can also provide an opportunity to screen and test for other illnesses, such as tuberculosis, hepatitis, high blood pressure and diabetes. Saving money and saving lives.